

# “HOPE FOR THE HOLIDAYS”

If you have experienced a loss of a loved one and are dreading the upcoming holidays, we invite you to attend this **FREE** event. You will learn practical ways to find hope for and cope with life's celebrations – not just from Thanksgiving through New Year's, but for all those special days throughout the year that touch our hearts. A light meal will be served. To register, call 205.870.8667.

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## Three Dates – Three Locations to Choose:

**Saturday, November 5, 2016 from 9:00 am-Noon**  
**Riverchase United Methodist Church, Hoover, AL**  
**Featuring Keynote Speaker, Sherry Williams White of New Leaf Resources**

**Saturday, November 12, 2016 from 9:00 am-Noon**  
**Fellowship Hall, Vestavia Hills United Methodist Church, Vestavia, AL**  
**Keynote Speaker: Steve Sweatt, LPC/LMFT**

**Saturday, November 19, 2016 from 4:00-7:00 pm**  
**Fellowship Hall, Bethel Baptist Church -- Pratt City, AL**  
**Keynote Speaker: Steve Sweatt, LPC/LMFT**

### **KEYNOTE SPEAKER: November 5, Sherry Williams White**



SHERRY WILLIAMS WHITE, Louisville, KY. Sherry has been a leading professional for aftercare Services since 1984 and founded New Leaf Resources which offers bereavement services to help funeral homes, corporations, churches, and support services. She is a writer and contributing author of a wide variety of grief literature. Her work with the firefighters, parents, spouses and children of fallen firefighters of 9/11 has added to her expertise in the area of traumatic death.

### **KEYNOTE SPEAKER: November 12 & November 19, Steve Sweatt, LPC/LMFT**



Let Steve rekindle your hope as he shares inspirational ideas and practical coping tips to help prepare you for the holidays without your loved one. Steve has led “Hope for the Holidays” programs for many organizations. As CGS Clinical Director, Steve works with support groups, individuals, couples and families struggling with a wide variety of issues following the death of a loved one. Steve is a Licensed Professional Counselor, a Licensed Marriage and Family Therapist and has served as Adjunct Professor of Counseling at Samford University.

### **REMEMBRANCE CEREMONY:**



Join us in a special time for remembering your loved ones. We invite you to bring a small photo of your loved one to place on our remembrance table as candles are lit in loving memory.

### **SPONSORS:**

