

2018 Support Groups

Community Grief Support offers various support groups for different types of grief. By gathering people with like losses together, great support is received—both from the leaders and volunteers, and from one other. Various locations are available, so please choose the group that is most convenient to you and communicate your choice to us so we can contact you prior to the first meeting. Call us at 205.870.8667 to sign up.

YOUNG WIDOWS SUPPORT GROUPS

These groups are for widows and widowers who are still working or are below retirement age, and meet in the evenings. They meet each week for 10-12 weeks.

Homewood/Mountain Brook—Shades Valley Presbyterian Church—Lower level
2305 Montevallo Rd, Birmingham, AL 35223

Days: Tuesday Evenings

Time: 5:30 pm – 7:30 pm

Fall: September 4 – November 13

Midtown—St John AME Church
708 15th St N, Birmingham, AL 35203

Time: 5:30 pm—7:00 pm

Days: Monday Evenings

Fall: September 10 – November 19

Trussville—Trussville First United Methodist Church—Conference Room
120 N Chalkville Rd, Trussville, AL 35173

Time: 5:30 pm—7:00 pm

Days: Thursday Evenings

Fall: August 23 – November 8

GENERAL SPOUSAL LOSS

Hoover—Asbury United Methodist Church (General Spousal Loss)

6690 Cahaba Valley Road

Time: 5:30 pm – 7:00 pm

Days: Sunday Evenings

Fall: September 9 – November 18

RETIRED WIDOWS SUPPORT GROUPS

Retired widows/widowers' groups meet in the mornings. You may join at any time. Groups meet twice a month and will be in the group for a year.

Homewood/Mountain Brook—Shades Valley Presbyterian Church—Lower Level
2305 Montevallo Rd, Birmingham, AL 35223

Time: 10:00 am – 11:30

Days: First and Third Tuesdays

Riverchase—Riverchase United Methodist Church
1953 Old Montgomery Hwy, Birmingham, AL 35244

Time: 10:00 am – 11:30

Days: First and Third Thursdays

Roebuck—Huffman Baptist Church
700 Huffman Rd, Birmingham, AL 35215

Time: 10:00 am – 11:30
Days: First and Third Wednesdays in January only
Second and Fourth Wednesdays

Shelby County—Regions Bank, Pelham Parkway
2964 Pelham Pkwy, Pelham, AL 35124
Time: 10:00 am – 11:30
Days: First and Third Wednesdays

Walker County—Sumiton Senior Center (Located behind Wal-Mart on Highway 78)
193 Bryan Rd, Sumiton, AL 35148
Time: 10:00 am – 11:30
Days: Second and Fourth Tuesdays

OTHER LOSS SUPPORT GROUPS

General Loss

Pratt City -- Bethel Baptist Church
1708 Spencer Ave, Birmingham, AL 35214
Time: 6:00-7:30 pm
Day: Tuesdays
Fall: September – October 2018

LOSS OF ADULT CHILD SUPPORT GROUP

(Must see Steve Sweatt prior to joining this group. Call 205-870-8667 to set up an appointment)

Homewood—Dawson Memorial Baptist Church— West Wing, Room 100
1114 Oxmoor Rd, Birmingham, AL 35209 Time: 6:00-8:00 pm
Days: Mondays
Spring: January 22-March 26
Fall: September 10-November 12

LOSS OF GRANDPARENT, PARENT, SIBLING SUPPORT GROUP

(Must see Steve Sweatt prior to joining this group. Call 205-870-8667 to set up an appointment)

Homewood—Dawson Memorial Baptist Church—North Building, Room 253
1114 Oxmoor Rd, Birmingham, AL 35209
Time: 6:00-8:00 pm
Days: Thursdays
Spring: January 11 – March 15
Summer: May 17- July 19
Fall: September 13- November 15